Who are we?
The Multiple Birth Volunteer Support (MBVS) program has been operating since 1997.
We are a not-for-profit association and offer this free service to multiple birth parents.

What do we do?
We specialise in recruiting and training volunteers who can come into your home to help you with your babies and baby-related chores.
Parents choose the help they require with their babies, and volunteers are trained to be answerable to the parents, who are in charge.

MBVS motto:
Teamwork makes the dream work

Lynne Dunoon
Founder and Consultant of the
Multiple Birth Volunteer Support Foundation Inc
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The program was initiated in rural Victoria during 1997, when parents of a 3-year old and newborn quads required assistance to co-ordinate offers of help.
Since that time, many multiple birth families have benefited from volunteer assistance in their homes.

Become an important part of our team by being a Hands on Help Supporter.
Your donation can help us to train more volunteers to support more families in need.
For information on how you can assist with a donation please access our website www.multiplebirthvolunteersupport.org.au
or call Lynne on 03 9662 1191.
Donations are tax deductible.
How do I apply and what is involved?
For direct contact, see our details on the back of this brochure.
We will work with you, a co-ordinator of your choice and other service providers who wish to participate in your municipality where volunteers will be recruited and trained.
The program will remain in place whilst parents have needs and as long as volunteers are available.

What do I need to do?
You, as the parents, will need to:
- Make contact with us as early as possible during your pregnancy
- On receiving a manual, read and understand the volunteer program
- Work with your consultant to appoint a co-ordinator
- Work with your consultant to set up the program
- Maintain contact with your co-ordinator for the duration of the program
- Source government grants which may provide some practical help
- Ensure both parents attend the volunteer training workshop.

Report and support system
The volunteer role is designed to assist primarily with baby care and associated chores. Volunteers are responsible to the parents, parents liaise with their co-ordinator, the coordinator reports to the Multiple Birth Volunteer Support Consultant, who in turn reports to the Multiple Birth Volunteer Support Foundation Inc Management Committee.

What do parents have said…
The Multiple Birth Volunteer Support (MBVS) program was designed to assist higher order multiple births (HOM) families (triplets, quads and more) with volunteers. However, families with twins and single births whose circumstances are exceptional may also apply for assistance through the Multiple Birth Volunteer Support Foundation Inc.

Volunteers have said…
This is one of the most pleasurable community activities in which we have been involved.
And parents have said...
Volunteers have been our angels.

Our volunteers have great joy in helping parents to care for their babies in their home.
Volunteers are:
- Insured
- Police-checked as required by each state
- Recruited in your area
- Trained in the helping role
- Placed on a roster
- Monitored by your co-ordinator
- Guided in their duties by you, the parent.

In your home
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Volunteers enjoying the workshop
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Bring in the washing
Read to an older sibling
Clean up
Mother and volunteers walking us
Clean and sterilise bottles

Mother & volunteers pacifying babies
Mother and volunteers pacifying babies
Volunteers enjoying the workshop
Read to an older sibling
Volunteers enjoying the workshop
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